

# KNOW *Your* CHICAGO

2018 TOUR SEASON



IN PARTNERSHIP  
WITH:



## 2018 TOUR SCHEDULE

SYMPOSIUM	KNOW YOUR CHICAGO 2018 SYMPOSIUM	9/6
TOUR 1	ON THE AUTISM SPECTRUM: MANAGING LIFE'S CHALLENGES	9/11 OR 9/12
TOUR 2	SOUTH SHORE: THE HISTORY, ARCHITECTURE, AND SPIRIT OF A STORIED NEIGHBORHOOD	9/17 OR 9/18
TOUR 3	LITERACY: A HUMAN RIGHT	9/25 OR 9/26
TOUR 4	NOW I LAY ME DOWN TO SLEEP (HOPEFULLY)	10/16 OR 10/17
TOUR 5	ENGLEWOOD RISING: CHANGING THE STORY <small>EXTENDED TOUR DAY</small>	10/23 OR 10/24

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\*Former Chair



# EXPLORING OUR CITY FOR 70 YEARS

The Know Your Chicago Committee takes great pleasure in welcoming you to our 70th season of civic engagement with the Chicago community. Founded in 1948 by Mary Ward Wolkonsky, Know Your Chicago seeks to provide Chicagoans with insight into the forces and institutions that shape our city, so that we might be more active and engaged citizens.

The season begins with a daylong Symposium at Ida Noyes Hall on the University of Chicago Hyde Park campus. Each year, our speakers address important issues related to the season's Tours and topics.

Over the years, programs have explored a wide range of issues, including: hip-hop in Chicago, voting in Chicago, sustainable design, restoring city monuments, the integration of Eastern and Western medical practices, and modern police training. The Symposium and Tours are researched, planned, and implemented by the Know Your Chicago Committee.

Visit our website at [knowyourchicago.org](http://knowyourchicago.org) to register for Tours, keep current with the latest KYC news, access historical information on the organization and past Tours, and view frequently asked questions.

**Registration for the 2018 season begins July 24.**

Welcome to our 70th season!

## OUR PARTNER

The University of Chicago Graham School of Continuing Liberal and Professional Studies has provided diverse educational programs for adults since the University's founding in 1890. The partnership with Know Your Chicago is an example of its dedication to continuing education programs and civic awareness.

Learn more at [graham.uchicago.edu](http://graham.uchicago.edu).



# KNOW YOUR CHICAGO

## 2018 SYMPOSIUM

Join us for a day of presentations on some of Chicago’s cultural and geographic highlights, as well as some of the most urgent social concerns of our time. The Know Your Chicago Symposium, the official beginning of the annual Tour series, brings together five prestigious speakers who address important issues related to the season’s tours. On our 2018 Tours, guests will gain a better understanding of urban autism, explore the wonders of the South Shore, learn about Chicago as a literacy scene, tackle the many challenges of sleep, and appreciate the renaissance of Englewood. The information at the Symposium complements, but is distinct from, that presented on the Tours. Whether you’re joining us for all of the Tours, or want to attend only the Symposium, we’re sure you’ll find the talks valuable and the speakers engaging.

**You must register for the Symposium if you want to register for a Tour.**

### ORDER OF EVENTS

#### WELCOME

**Penny Obenshain** | Chair, Know Your Chicago  
**Message from the Dean** | The University of Chicago Graham School

#### TOUR 1—ON THE AUTISM SPECTRUM: MANAGING LIFE’S CHALLENGES

**Julie Tracy** | Founder, Urban Autism Solutions

#### TOUR 2—SOUTH SHORE: THE HISTORY, ARCHITECTURE, AND SPIRIT OF A STORIED NEIGHBORHOOD

**Rolf Achilles** | Independent Art Historian

#### TOUR 3—LITERACY: A HUMAN RIGHT

**Mara Tapp** | Founder and Director, Cool Classics!

#### TOUR 4—NOW I LAY ME DOWN TO SLEEP (HOPEFULLY)

**Dr. Ravi Allada** | Edward C. Stuntz Distinguished Professor in Neuroscience and Chair, Northwestern University

#### TOUR 5—ENGLEWOOD RISING: CHANGING THE STORY

**Laura Washington** | *Chicago Sun Times* Columnist and Political Analyst for ABC-7  
**Asiaha Butler** | President, Resident Association of Greater Englewood (RAGE)

**THURSDAY, SEPTEMBER 6** RAIN OR SHINE

9:30 A.M.–2:45 P.M.

**\$85** INCLUDES BUS TRANSPORTATION AND LUNCH

**IDA NOYES HALL**  
1212 E. 59TH STREET  
CHICAGO, IL 60637



# ON THE AUTISM SPECTRUM: MANAGING LIFE'S CHALLENGES

Every parent knows what to do if their child has a broken arm or chickenpox, but what do you do when your child is diagnosed with autism spectrum disorder (ASD)? Where do you find answers? What does life look like down the road?

Be captivated and informed during a candid presentation by a young man who will share his experiences about living with autism, followed by a panel of doctors from the **Rush AAARTS Center** (Autism, Assessment, Research, Treatment and Services) who are experts in ASD. Topics include understanding the autism spectrum, communication, and how the thinking behind ASD has changed.

Visit **Urban Autism Solutions Growing Solutions Farm**. Here, young adults with autism learn transferable job skills and work with professional students in speech and language pathology and occupational

therapy on communication skills and resume development. Bring a bag, as you can purchase fresh produce from their farm stand!

Tour the remarkable **Sonia Shankman Orthogenic School**. The O School provides intensive therapeutic treatment for bright children and adolescents struggling with severe emotional challenges. Learn how, through the O School's "milieu" approach, every part of a student's day is structured by a treatment team to create a consistent, meaningful, and successful experience that helps rebuild identities and instill lasting change.

Increase your awareness of autism and learn what resources these Chicago-based organizations provide to help those on the spectrum—and their loved ones—manage and overcome life's challenges.

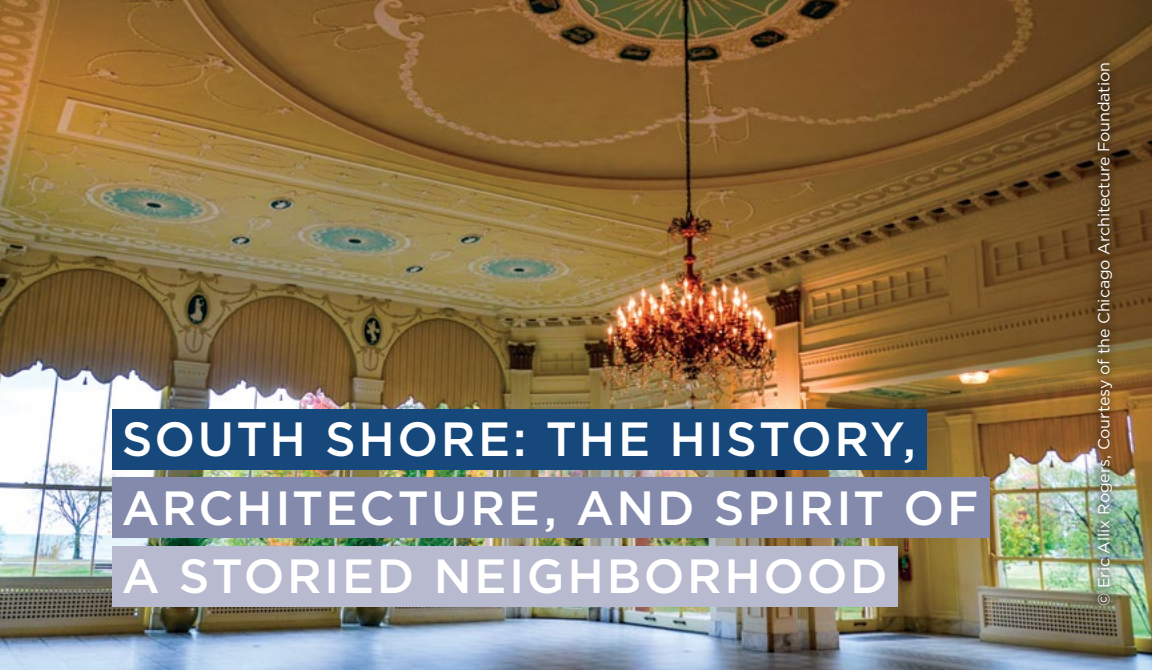
TOUR

1

TUESDAY, SEPTEMBER 11 OR WEDNESDAY, SEPTEMBER 12 RAIN OR SHINE

◆◆ MODERATE WALKING

\$85 INCLUDES BUS TRANSPORTATION AND LUNCH



© Eric Allix Rogers, Courtesy of the Chicago Architecture Foundation

# SOUTH SHORE: THE HISTORY, ARCHITECTURE, AND SPIRIT OF A STORIED NEIGHBORHOOD

What do candy-coated popcorn, the dawn of the atomic age, a president's wedding reception, and an Olympic champion have in common? All play a role in the story of one of our city's most fascinating but least known neighborhoods.

Join us as Know Your Chicago introduces—or reintroduces—you to South Shore: a rich repository of art and architecture, history, culture, science, sport, and faith.

Visit the 105-year-old **St. Philip Neri Catholic Church**. Its unique design and decoration are a stunning example of iconic architecture built to serve what was once the most affluent congregation in the city.

Explore the 183-acre green space of **Oak Woods Cemetery**. Graced with four lakes, lush landscaping, and architecturally significant headstones, it provides the resting place of many of Chicago's most

celebrated citizens from the realms of science, sports, commerce, and politics.

Discover **South Shore Cultural Center**, opened in 1916 as an exclusive private club that boasts facilities with richly adorned interiors, lush gardens, and manicured lawns. On the National Register of Historic Places, this Chicago Park District showcase houses art exhibitions, hosts weddings, and offers beautiful spaces inside and out to be enjoyed by all.

Learn about the **Jackson Park Highlands**, a neighborhood filled with historically significant homes and the famous **LaRabida Hospital**, which is the only facility in the country dedicated solely to caring for children with lifelong medical conditions.

Chicago is a city with layer upon layer of natural and man-made wonders. Come with us to experience one of its treasured neighborhoods.

<b>TOUR</b> <b>2</b>	<b>MONDAY, SEPTEMBER 17</b> OR <b>TUESDAY, SEPTEMBER 18</b> RAIN OR SHINE
	◆◆ <b>MODERATE WALKING</b>
	<b>\$85</b> INCLUDES BUS TRANSPORTATION AND LUNCH



© Tim Benson 2015

Literacy is too often taken for granted . . . but not in Chicago. Join us as we explore places and spaces celebrating literacy in Chicago.

Tour the nation's first **American Writers Museum**, our city's newest cultural institution and a current entry on Fodor's list of the world's 10 Best New Museums! This cutting-edge institution brings to life the enduring influence of authors on our history, identity, culture, and daily lives. Hear from the museum's president and enjoy private access to its amazing interactive exhibits.

Visit the spirited storefront headquarters of **Young Chicago Authors**, the most vibrant youth literacy community in Chicago. This group is transforming young lives every day by helping them discover and cultivate their voices through writing, publishing, and performance education.

Discover a west Chicago warehouse repurposed into **Literacenter**, North America's first nonprofit shared workspace dedicated to literacy. It is home to more than 120 organizations helping to meet the literary needs of people of all ages and backgrounds, working together toward a goal of full literacy in Chicago. Hear from a panel of leaders in the field, who will share information about a new generation of innovative tools helping to develop children's early literacy skills.

Here is your chance to experience the incredible ambience and offerings at nonprofit bookstore **Open Books**, which funds its myriad of educational offerings through the sale of donated books, proving that written words not only inspire but drive revenue for good causes.

<b>TOUR</b> <span style="font-size: 2em;">3</span>	<b>TUESDAY, SEPTEMBER 25 OR WEDNESDAY, SEPTEMBER 26</b> RAIN OR SHINE
	<b>◆◆ MODERATE WALKING</b>
	<b>\$85</b> INCLUDES BUS TRANSPORTATION AND LUNCH



## NOW I LAY ME DOWN TO SLEEP (HOPEFULLY)

Apnea, insomnia, narcolepsy, somnambulism, nightmares, night sweats—a laundry list of sleep disorders plague us and literally keep us up at night. It is likely that you or someone you know suffers from chronic lack of sleep. Join us as we investigate the roadblocks to restful sleep and discover how to confront them . . . and get back “to sleep, perchance to dream.”

Learn about **biological rhythms** that control sleep, how sleep is measured, the latest thinking on sleep **pharmaceuticals**, and habits that are considered best practices in **sleep hygiene**.

Observe an actual **sleep study** and its interpretation, as well as video footage documenting the devastating effects that can occur with severe sleep deprivation.

Discover the fascinating world of **sleep technology**, ranging from pacemaker-sized implant devices that are brand new to the market and can replace CPAP devices, to watches that measure sleep/wake patterns, to mattresses that respond to hot flashes and night sweats by cooling the body.

Participate in **practical applications** such as cognitive behavioral therapy, used to combat insomnia, and sleep imagery therapy, used to convert nightmares into dreams. Create your own personal sleep log.

We all know that restful sleep is crucial to our physical and mental well-being. Join us as we take positive steps to address many common sleep disorders and improve our sleep habits.

TOUR

4

TUESDAY, OCTOBER 16 OR WEDNESDAY, OCTOBER 17 RAIN OR SHINE

◆ LIGHT WALKING

\$85 INCLUDES BUS TRANSPORTATION AND LUNCH





© Tonika Johnson

# ENGLEWOOD RISING: CHANGING THE STORY

Often compared to Detroit, Englewood has been known for its violence-plagued streets, abandoned buildings, and high unemployment. Once a vibrant commercial center, this prosperous community was destroyed by white flight, racial tensions, and economic disinvestment.

Yet today, Englewood stands as a template and laboratory for community-led revival. Residents created a plan for renewal, and the results are seen in a 60% reduction in violent crime, a new retail hub featuring Whole Foods and Starbucks, and increased health, housing, and job programs.

Hear **community leaders** describe how their Quality of Life Plans define needs, marshal community resources, and leverage outside investment to achieve their goals. Ongoing task forces ensure that progress continues and all development addresses the community's established guidelines. Lunch with neighborhood activists.

Visit **Kennedy King College**, whose renowned Washburne Culinary School, radio and television program, and mechanic and design majors offer essential job training. Financial literacy, women's employment, and other initiatives develop entrepreneurship and life skills.

See what Chicago Police Superintendent Eddie Johnson calls "the city's best crime fighting tool" in action: the **innovative Shotspotter technology** and **high tech nerve centers**, which speed police response to gunfire while identifying patterns of violence to better deploy resources. Hear how officers are building bridges with the community through sports, pop-up events, and more.

Tour the stunning **Mitzi Freidheim Child and Family Care Center**, where early childhood and family support programs serve thousands. Its holistic approach melds academics and the arts, while parents are welcomed for computer and job-related classes and parental support groups.

<b>TOUR</b> <b>5</b>	<b>TUESDAY, OCTOBER 23</b> OR <b>WEDNESDAY, OCTOBER 24</b> RAIN OR SHINE
	◆◆ <b>MODERATE WALKING</b> <a href="#">EXTENDED TOUR DAY</a>
	<b>\$85</b> INCLUDES BUS TRANSPORTATION AND LUNCH

## HOW TO REGISTER

### EASY ONLINE REGISTRATION

Register at [knowyourchicago.org](http://knowyourchicago.org). Online registrations will be processed immediately and you will know instantly which Tours you are registered to attend.

The registration site has been updated for 2018 in keeping with new security practices. Long-time participants will be asked to make a new account for this season. We apologize for any inconvenience.

### REGISTER WITH A FRIEND

One of your friends may register you online or you may register one of your friends online.

### REGISTER BY PHONE

We encourage online registration. If not possible, you may call 773.702.1727. You cannot register more than one person over the phone.

**Symposium registration is required for Tour registration** until September 6, or until the Symposium sells out, whichever happens first.

## TRANSPORTATION

Buses are provided for both the Symposium and the Tours. **Participants board buses on the north curb of Adams between Clinton and Jefferson and buses leave promptly at 8:30 a.m. Unless specified as an extended tour, buses return at 3:15 p.m.**

For the Symposium, participants are urged to ride the bus since valet parking at the University is limited.

**For the Tours, participants are required to board the bus downtown and remain with that bus throughout the day.** At the end of the Tour, participants are free to return home on their own rather than returning to the Adams Street drop-off site. Buses depart promptly at the time specified; Tours operate on tight schedules, and bus departure cannot be delayed.

## STATEMENT OF

## NONDISCRIMINATION

In keeping with its long-standing tradition and policies, the University of Chicago considers students, employees, applicants for admission or employment, and those seeking access to programs on the basis of individual merit. The University, therefore, does not discriminate on the basis of race, color, religion, sex, sexual orientation, gender identity, national or ethnic origin, age, disability, or veteran status, and does not discriminate against members of protected classes under the law. The Affirmative Action Officer (773.702.5671) is the University official responsible for coordinating the University's adherence to this policy and the related federal, state, and local laws and regulations (including Section 504 of the Rehabilitation Act of 1973, as amended, and the Americans with Disabilities Act).

## DISABILITIES

Tours may involve a considerable amount of walking, standing, and/or stairs. Please consult the walking guide accompanying each tour description for an indication of the difficulty of each tour. Walking shoes are always recommended.

Those with a disability who have accessibility questions should call 773.702.1727 before registering.

## ACCOMMODATIONS

Participants who have registered for Know Your Chicago who have a disability and believe that they may need assistance should contact Jarquetta Egston, associate dean of students and manager for student engagement, at 773.702.5178 or [jarquetta@uchicago.edu](mailto:jarquetta@uchicago.edu) in advance of the event.

## CONTACT

Know Your Chicago  
773.702.1727  
[kyclist@uchicago.edu](mailto:kyclist@uchicago.edu)

NOTES

# KNOW *Your* CHICAGO

2018 TOUR SEASON

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Chicago, IL 60637

[knowyourchicago.org](http://knowyourchicago.org)

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